

SOMEONE COLLAPSES? ACT FAST.

- 1 Make sure the **scene is safe**.
- 2 **Tap and shout**. Are they responsive?
- 3 **Shout for help. Call 911**. Send someone for the **AED and first aid kit**.
- 4 Check breathing (under 10 sec). **Not breathing or only gasping?**
- 5 **Push hard and fast**, center of chest, 2 in deep, **100–120/min**.
- 6 **Use the AED** as soon as it arrives. Follow its voice.

EMERGENCY
911



Practice to
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FIRE EXTINGUISHER? P.A.S.S.

P Pull the pin

A Aim low, at the base of the fire

S Squeeze the handle

S Sweep side to side

Small fire only. Alert others and call 911 first. Keep your exit at your back. **If in doubt, get out.**



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